

# Kitchen Remodel Dumpster Planning Guide

Demo-day planning for the debris-heaviest room in the house — cabinets, counters, flooring, and appliances. · Recommended size: 20 yard

## Planning timeline

**2 weeks out:** Confirm demo date with your contractor or crew

**1 week out:** Book the dumpster for demo-day morning

**Demo day:** Counters and tile in first, spread level; cabinets knocked flat next

**Day 2–3:** Drywall, trim, and flooring fill the gaps

**Wrap:** One call for pickup when the last load lands

## Safety reminders

- Shut off water, gas, and electric before demo begins
- Cut countertops into carryable sections — stone is brutally heavy
- Mask up for tile and mortar dust
- Two people minimum on appliance moves

## Dumpster sizing

A 20-yard handles a full kitchen gut with room to spare. Adding adjacent flooring or a bathroom to the scope? That's the classic 30-yard project.

## Tips from the pros

- Knock cabinet boxes flat — air is money
- Walk everything in through the rear doors with a dolly
- Keep the appliance path clear before demo starts
- Stone-heavy demo? Tell us at booking so the load type is set right

## Recycling suggestions

- Working appliances: donation centers pick up free
- Cabinets in decent shape: garage-sale or restore-store gold
- Metal sinks and fixtures: scrap value, dump fee waived with a metal load

## Common mistakes to avoid

- Letting the fridge ride — refrigerant units need special handling first
- Tenting cement board instead of stacking it flat
- Booking delivery days before demo and burning rental time
- Mixing kitchen junk drawers (household) into the C&D; load

**Project notes**

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